

**Subject: Advisory regarding distribution of preventive Homoeopathic Medicine for COVID-19 Pandemic.**

A meeting was held with Worthy Commissioner of South DMC on 12.05. 2020 and it has been decided to provide Arsenic Album 30 as an Immune Booster to check the spread of COVID-19 infection amongst the residents of South Delhi in accordance with the decision of Central Council of Research in Homoeopathy, under the Ministry of AYUSH, The medicine is to be repeated every month till the pandemic persists.

In view of the above, the Competent Authority of South DMC has directed the compliance of orders as follows:

- a) **For the SDMC employees:** The recommended dose is **4 pills for adult (2 pills for Children) of Arsenic Album 30 once a day (empty stomach at morning) for three days.** In this regard, the concerned HOD of each Zone would be the Nodal Officer and he shall ensure the collection and distribution of medicine for the staff. The medicine is to be collected from the under mentioned Zonal Centres:

Name of Zone	Name of Incharge	Contact No.
Central	Dr. Preeti Bahl	9871863066
South	Dr. Pranjali Onkar Marathe	8447876993
West	Dr. Manjit Kaur	9811278994
Najafgarh	Aruna Sashi Bhushan	8076685461

The name, address and phone number of the staff to whom the medicines are being distributed, will be maintained by the Nodal Officers and will be provided to the Homeopathic Department to create a data bank so that reminder SMS can be sent to the staff.

Homeopathic Department in consultation with IT Department will take the services of telecom company to send bulk SMS.

- b) **For Public –** The recommended dose is **4 pills for adult (2 pills for Children) of Arsenic Album 30 once a day (empty stomach morning) for three days.** The medicines will be available in all South DMC Homoeopathic dispensaries. The staff of SDMC deployed in Ration & Food Distribution Centre will also distribute the medicine to the general public who will come to collect the ration. In addition, medicine will also be made available in DC office to be distributed to the general public visiting the CSB Centre or DC office. The patients can visit under mentioned Homoeopathic dispensaries:-

Zone	Homeopathic Dispensary	Name of Medical Officer	Contact No.
Central	Sriniwaspuri	Dr. Preeti Bahl	9871863066
South	Gautam Nagar	Dr. Pranjali Onkar Marathe	8447876993
South	PHC Mehrauli	Dr. Dillip Kr Senapati	9818419905
West	Khazan Basti	Dr. Manjit Kaur	9811278994
West	Mansa Ram Park	Mrs. Aruna Shashi Bhushan	8076685461
Najafgarh	Brijwasan Allopathic Dispensary	Mr. Ajay Yadav	9958583304

- c) **For Quarantine Centres -** The recommended dose is 4-5 pills of Arsenic Album 30 twice a day (morning & evening) **for seven days.** The medicine will be provided to the Medical Officer of SDMC in the Quarantine Centre. The said Medical Officer will distribute the medicines to the willing persons except pregnant ladies and lactating mothers stationed at Quarantine Centre. The Medical Officer will also collect the name and phone number of the persons so that progress of the individual can be monitored telephonically.